



For Immediate Release – May 18, 2025

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**Sports physicals available at select HSHS Medical Group clinics
in Greenville and Highland**

No appointments necessary at these walk-in locations

GREENVILLE AND HIGHLAND, III. – Two HSHS Medical Group clinics in Greenville and Highland are offering sports physicals for children 18 years old or younger for a \$20 flat rate now through Sept. 30.

Now is the time to get the physical completed well before the sports season starts. No appointment is necessary; walk into one of these convenient locations:

HSHS Holy Family Health Center - Greenville

101 Health Care Drive, Medical Office Building A, Greenville
618-664-1380

HSHS Medical Group Family & Internal Medicine - Highland

12860 Troxler Ave., Suite 320, Highland
618-654-6665

Sports Physicals

Children playing sports are likely required to submit a medical eligibility form signed by a physician or provider. During a sports physical, the physician or provider reviews the child's complete health history, performs an orthopedic screening, examines the heart and lungs and ensures the student is at his or her best to compete.

School Physicals

Don't forget to contact your child's pediatrician or family doctor when needing a school physical. Also called annual well-child visits, school physical exams allow the physician or provider to track the child's growth and development, perform screenings and take preventive measures by giving the child age-appropriate immunizations.

If you don't have a family physician, visit hshs.org to see the HSHS Medical Group offices accepting new patients in your area. New HSHS Medical Group patients may call the HSHS Medical Group Patient Advocate at 844-520-8897 to help set up their first appointment.

View other walk-in locations offering walk-in sports physicals at hshsmedicalgroup.org/sports.

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About Hospital Sisters Health System (HSHS)

[Hospital Sisters Health System \(HSHS\)](#) is a nonprofit Catholic health care ministry founded in 1875. Dedicated to our Mission to reveal and embody Christ's healing love for all people through high-quality Franciscan health care, HSHS clinicians provide exceptional care centered on the whole person. Based in Springfield, Illinois, HSHS colleagues provide care in 13 acute-care, children's and critical access hospitals and home health and hospice programs in Central and Southern Illinois and Eastern Wisconsin. HSHS is aligned with primary and specialty physicians and advanced practitioners through its owned affiliates [HSHS Medical Group](#) and [Prairie Cardiovascular](#), its partnership with [Prevea Health](#), and with many other providers serving on medical staffs. For more information about HSHS, visit hshs.org.