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Compassionate Orthopedic Care Grows in Breese and Highland with New Provider

BREESE, Ill. – HSHS Medical Group welcomes Shanna Litteken, PA-C, a board-certified physician assistant, to HSHS Medical Group Orthopedic Surgery in Breese at 14017 Jamestown Rd., Breese, Ill., and HSHS Medical Group Orthopedic Surgery in Highland at 12860 Troxler Ave., Suite 300, Highland, Ill.

Litteken provides compassionate, patient-centered orthopedic care with an emphasis on clear communication and shared decision-making. She treats sports and general orthopedic conditions, manages fractures, and provides pre- and postoperative counseling. She also offers conservative care for injuries and joint pain, including intra-articular and soft tissue injections, and recommends surgery only when it offers the best outcome.

Litteken earned a Master of Science in physician assistant studies and a Bachelor of Science in physiology from Southern Illinois University Carbondale. She is committed to patient education and helps individuals understand their diagnosis, treatment options and recovery plan.

To schedule an appointment with Litteken in Breese, call 618-526-7154; in Highland, call 618-651-2732; or online at [hshs.org](https://www.hshs.org). New HSHS Medical Group patients may call the HSHS Medical Group Patient Advocate at 844-520-8897 to help set up their first appointment.

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About Hospital Sisters Health System (HSHS)

[Hospital Sisters Health System \(HSHS\)](https://www.hshs.org) is a nonprofit Catholic health care ministry founded in 1875. Dedicated to our Mission to reveal and embody Christ's healing love for all people through high-quality Franciscan health care, HSHS clinicians provide exceptional care centered on the whole person. Based in Springfield, Illinois, HSHS colleagues provide care in 13 acute-care, children's and critical access hospitals and home health and hospice programs in Central and Southern Illinois and Eastern Wisconsin. HSHS is aligned with primary and specialty physicians and advanced practitioners through its owned affiliates [HSMS Medical Group](https://www.hshs.org) and [Prairie Cardiovascular](https://www.pcvh.org), its partnership with [Prevea Health](https://www.prevea.com), and with many other providers serving on medical staffs. For more information about HSHS, visit [hshs.org](https://www.hshs.org).